



2025/2026: Christmas/New year timetable

Wednesday 24th Dec: 6am Pump (Tamara) & 9.30am Balance (Justene)

Thursday 25th Dec: No classes

Friday 26th Dec: 9.30am Pump (Tamara)

Saturday 27th Dec: 9.00am Attack (Bec)

Sunday 28th Dec: 9.30am Balance (Justene) & 4.00pm Pump (Lauren)

Monday 29th Dec: 9.30am Balance (Michael) & 5.30pm Step (Kath)

Tuesday 30th Dec: 9.30am Pump (Michael)

Wednesday 31st Jan: 9.30am Balance (Justene)

Thursday 1st Jan: No classes

Friday 2nd Jan: 9.30am Pump (Lauren)

Saturday 3rd Jan: 9.00am Attack (Bec)

Sunday 4th Jan: 9.30am Balance (Justene) & 4.00pm Pump (Tamara)

Monday 5th Jan: 9.30am Balance (Michael) & 5.30pm Step (Kath)

Tuesday 6th Jan: 9.15am Pump (Michael) & 5.30pm Pump (Tamara)

Wednesday 7th Jan: Full timetable resumes

- *Tuesday 6am Step class last class 23rd December returns 27th January*

Have a Safe & Merry Christmas